

## PRAYER

Lord, bless our home and family. **Make us one, Lord.**

Bless all those who enter here. **Make us one, Lord.**

Bless our family wherever they are, (especially...). **Make us one Lord.**

Bless all of your children, all of our brothers and sisters around the word. **Make us one, Lord.**

**INSTRUCTIONS:** Do the “Reading & Reflection” for the day, then pick at least two activities assigned for the day.



#	Date	Reading & Reflection <ul style="list-style-type: none"> <li>• What do you hear?</li> <li>• How does it make you feel?</li> <li>• Toward what are you being drawn?</li> <li>• What do you sense are you being urged to do?</li> </ul>	Activity
29	Wed, Mar 17	<b>John 5:24</b> – “Anyone who hears and believes...has eternal life.”	<input type="checkbox"/> Pray for the poor souls in purgatory <input type="checkbox"/> Do a good deed in secret, without expecting recognition <input type="checkbox"/> Compliment at least one person today <input type="checkbox"/> Say a prayer for persons you pass by and ask God to bless them
30	Thurs, Mar 18	<b>Exodus 32:8</b> – “They have soon turned aside from the way I pointed out to them, making for themselves a molten calf.”	<input type="checkbox"/> Watch “Search” in FORMED: Ep 5: Who Is Jesus? <a href="https://watch.formed.org/the-search/videos/theseach-ep5">https://watch.formed.org/the-search/videos/theseach-ep5</a> <input type="checkbox"/> Attend SEARCH Ep. 5: “Who Is Jesus” Group discussion via Zoom at 6:00-7:00 PM <b>Meeting ID: 889 4320 4246 Password: SEARCH</b> <input type="checkbox"/> Read the Beatitudes, be inspired toward humility & service <input type="checkbox"/> Look at a crucifix and meditate on Christ’s passion
31	Fri, Mar 19	<b>Matthew 1:20</b> – “Have no fear about taking Mary as your wife.”	<input type="checkbox"/> Fast. Abstain from meat and eat only one full meal and have only bread and water for the other meals <input type="checkbox"/> St. Joseph’s Day – bake St. Joseph buns for the family <input type="checkbox"/> Thank someone from your past who made a difference in your life
32	Sat, Mar 20	<b>John 7:43</b> – “So a division occurred in the crowd because of him.”.	<input type="checkbox"/> Attend Lectio Divina via Zoom: 10:00 AM-10:30AM <b>Meeting ID: 865 1572 1949</b> <b>Passcode: LECTIO2</b> <input type="checkbox"/> First day of spring...buy a potted plant or cut flowers to remind you that Jesus has launched a new creation <input type="checkbox"/> Volunteer to do someone else’s chore
33	Sun, Mar 21	<b>Jeremiah 31:33</b> – “I will place my law within them and write it upon their hearts.”	<input type="checkbox"/> Pray for bishops, priests, seminarians and deacons <input type="checkbox"/> Arrive 15 mins early at Mass to pray quietly <input type="checkbox"/> Evangelize by thanking someone with a promise to pray for that person. But be sure to do it!
34	Mon, Mar 22	<b>John 12:30</b> – “Jesus answered and said, ‘This voice did not come for my sake but for yours.’”	<input type="checkbox"/> Look at a crucifix and meditate on Christ’s passion <input type="checkbox"/> Say one decade of the rosary that the Supreme Court protects life and religious freedom <input type="checkbox"/> Abstain from complaining about anyone or anything all day
35	Tues, Mar 23	<b>John 8:23</b> – “You belong to what is below, I belong to what is above. You belong to this world, but I do not belong to this world.”	<input type="checkbox"/> Thank God for five things before 8 am today. <input type="checkbox"/> Pray for young people in your parish who are “nones.” <input type="checkbox"/> Do at least one random act of kindness <input type="checkbox"/> Pray for the souls in purgatory