****PRAYER**

*Lord, bless our home and family.* ***Make us one, Lord.***

*Bless all those who enter here.* ***Make us one, Lord.***

*Bless our family wherever they are, (especially…)****. Make us one Lord.***

*Bless all of your children, all of our brothers and sisters around the word.* ***Make us one, Lord.***

**INSTRUCTIONS:** Do the “Reading & Reflection” for the day, then pick at least two activities assigned for the day.

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| # | Date | Reading & Reflection* *What do you hear?*
* *How does it make you feel?*
* *Toward what are you being drawn?*
* *What do you sense are you being urged to do?*

  | Activity |
| 29 | **Wed, Mar 17** | **John 5:24 –** “Anyone who hears and believes…has eternal life.” | * Pray for the poor souls in purgatory
* Do a good deed in secret, without expecting recognition
* Compliment at least one person today
* Say a prayer for persons you pass by and ask God to bless them
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| 30 | **Thurs, Mar 18** | **Exodus 32:8 –** “They have soon turned aside from the way I pointed out to them, making for themselves a molten calf.” | * **Watch “Search” in FORMED: Ep 5: Who Is Jesus?**

<https://watch.formed.org/the-search/videos/thesearch-ep5>* **Attend SEARCH Ep. 5: “Who Is Jesus” Group discussion**

**via Zoom at 6:00-7:00 PM****Meeting ID: 889 4320 4246 Password: SEARCH** * Read the Beatitudes, be inspired toward humility & service
* Look at a crucifix and meditate on Christ’s passion
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| 31 | **Fri, Mar 19** | **Matthew 1:20 –** “Have no fear about taking Mary as your wife.” | * Fast. Abstain from meat and eat only one full meal and have only bread and water for the other meals
* St. Joseph’s Day – bake St. Joseph buns for the family
* Thank someone from your past who made a difference in your life
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| 32 | **Sat, Mar 20** | **John 7:43–** “So a division occurred in the crowd because of him.”.” | * Attend Lectio Divina via Zoom: 10:00 AM-10:30AM

**Meeting ID: 865 1572 1949****Passcode: LECTIO2*** First day of spring…buy a potted plant or cut flowers to remind you that Jesus has launched a new creation
* Volunteer to do someone else’s chore
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| 33 | **Sun, Mar 21** | **Jeremiah 31:33 –** “I will place my law within them and write it upon their hearts.” | * Pray for bishops, priests, seminarians and deacons
* Arrive 15 mins early at Mass to pray quietly
* Evangelize by thanking someone with a promise to pray for that person. But be sure to do it!
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| 34 | **Mon, Mar 22** | **John 12:30 –** “Jesus answered and said, ‘This voice did not come for my sake but for yours.’” | * Look at a crucifix and meditate on Christ’s passion
* Say one decade of the rosary that the Supreme Court protects life and religious freedom
* Abstain from complaining about anyone or anything all day
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| 35 | **Tues, Mar 23** | **John 8:23–** “You belong to what is below, I belong to what is above. You belong to this world, but I do not belong to this world.” | * Thank God for five things before 8 am today.
* Pray for young people in your parish who are “nones.”
* Do at least one random act of kindness
* Pray for the souls in purgatory
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